

Practices dedicated to the 17th Gyalwang Karmapa Orgyen Trinle Dordje on the occasion of his 36th birthday

Lama Yeshe Losal Rinpoche has expressed the wish that a maximum of practices be accomplished for the long life and good health of the 17th Gyalwang Karmapa Orgyen Trinle Dorje and for the development of Dharma activities in general.

**From Monday March 8 to the weekend of April 24/25 inclusive
Three ways to participate**



Le Gyalwang Karmapa à Kagyu Samye Dzong London en 2017 - photo © Olivier Adam

- Every morning and / or evening by participating in the rituals of Green Tara and Chenrezig via a dedicated Whatsapp group.
- By participating in the intensive 24-hour Chenrezig practice.
- By accumulating mantra recitations when possible and / or desired.

Between now and the celebration of the 36th anniversary of the Karmapa in June 2021 - which could become a difficult year for him and strewn with obstacles - a practice group will meet every day via the internet (via the mobile application WhatsApp) until April 23, and on April 24 an intensive practice of Chenrezig will take place for 24 hours non-stop.

All participants are invited to count the number of mantras recited and to transmit the accumulated numbers:

- Via the online form provided for this purpose: [Click here to access the form](#)
- Or by sending an email to secretariat@samye.be
- Or by SMS to 0498 723 878

ATTENTION : please do not communicate each time the total number of mantras including those already communicated.

Practical details - 3 ways to participate

I. DAILY PRACTICES WITH THE WHATSAPP GROUP

Texts and audios of the practices

- Green Tara (20-minute short version) every morning at 7:00 am. [Download the text](#)
- Chenrezig (short version of 30 minutes) every evening at 19:00.

Dates: From Monday, March 8 to Friday, April 23 including.

Where: Using the WhatsApp application on a smartphone or computer.

How to participate in a few simple steps ...

- Subscribe to the WhatsApp group by sending a message (via WhatsApp) to 0472 866 809.
- A few minutes before the start of each session, the corresponding audio and text will be posted to the WhatsApp group.
- At the exact start time a signal will be posted - OM TARA TUTARE TURE SO HA (in the morning) and OM MANI PEME HUNG (in the evening) - meaning that the practice begins.
- Everyone then follows the text while listening to the audio.

II. 24 HOURS OF PRACTICE OF CHENREZIG

Lama Rinchen Palmo will participate personally in the sessions:

- from 8 p.m. to 10 p.m. on Saturday
- from 10 a.m. to 12 p.m. on Sunday
- from 6 p.m. to 8 p.m. on Sunday

Text for practice: A PDF version of the text will be downloadable from this site a few days before April 24.

Dates: From Saturday, April 24 at 8 p.m. to Sunday, April 25 at 8 p.m.

Where: - Personally in the temple at Samye Dzong in Brussels (limited number of participants due to Covid-19 restrictions), at Samye Ling in Beaumont or from home via Zoom.

24 hours: The total duration will be divided into 12 periods of 2 hours (8 p.m. to 10 p.m., 10 p.m. to 0 a.m., 0 a.m. to 2 a.m., 2 a.m. to 4 a.m., etc.), a new group will take over from the previous one every two hours as soon as a session will be completed.

How to participate in a few simple steps ...

- Register with the secretariat by sending an email specifying the time slot you wish to join - secretariat@samye.be.

(in order to cover all the periods, we might suggest that you participate at another time for which there is a lack of participants)

- If you are attending personally, please arrive at least 15 minutes before the start of the session so that you are ready to start when the previous group ends.
- If you are participating via Zoom, please log in a few minutes before the start of the session in order to be ready to start when the previous group ends.

Zoom Meeting ID : 857 5905 4987

Password : 611193

III. PRACTICE WHEN YOU WANT AND ACCUMULATE MANTRAS RECITATIONS

Text for practice : A PDF version of the text will be downloadable from this site in a few days.

In the meantime, you can use a text from Chenrezig - short or long version - if you already have one and know the ritual.

Dates : From Monday March 8 to Sunday April 25 at 8 p.m. inclusive.

Mantra accumulation : Tell us the number of mantras you have accumulated (see above).